

The wellness benefit or health screening benefit pays a benefit per calendar year for the following wellness tests:

Blood test for triglycerides	Hemoccult stool analysis
Bone marrow aspiration/biopsy	Mammography
Breast ultrasound	Pap smear
CA 15-3 (blood test for breast cancer)	PSA (blood test for prostate cancer)
CA125 (blood test for ovarian cancer)	Serum cholesterol test or test to determine level of HDL and/or LDL
CEA (blood test for colon cancer)	Serum Protein Electrophoresis (blood test for myeloma)
Chest x-ray	Skin cancer biopsy
Colonoscopy	Stress test on a bicycle or treadmill
Fasting blood glucose test	Thermography
Fasting plasma glucose (FPG)	Thin prep pap test
Two hour post-load plasma glucose (2 hr PG)	
Hemoglobin A1C (HbA1c)	
Flexible sigmoidoscopy	

Filing a wellness benefit or health screening benefit claim:

1. Call 1-800-635-5597. Either the employee or covered family member can call with the information below.
2. Request to submit a wellness/health screening claim.
3. Simply be prepared to provide this information:
 - First and last name of the policyholder (employee)
 - Policyholder's Social Security Number and/or policy number
 - First and last name of the claimant (employee or covered family member)
 - Name and date of the test
 - Physician's name and/or the facility where the test was performed

It's that easy. Customer service representatives on the telephone will explain your benefits and answer any questions. The benefit check will be mailed directly to you.

If you do not want to file a claim over the telephone, you can request a paper claim form by calling the above number.